



COLORADO BASKETBALL CLUB

TEAM COMMITMENT & PLAYER EXPECTATIONS

Our goal is to provide a competitive athletic experience for young female athletes, where the values of hard work, responsibility, self-discipline, motivation and team play are taught. We are devoted to teaching our athletes how to compete at a high level and to provide hard earned recognition for them, while assisting them in both athletic and personal success along with the opportunity to serve as an inspiration to their local communities.

We believe a commitment to excellence empowers the individual growth of all our players. We have high expectations and high standards. Character, family and education are part of the values emphasized through the program. In order to accomplish this, we expect our players to maintain a high level of commitment to their individual basketball development.

1. **TEAM PRACTICE**: Players are expected to attend all team practices. If a player is unable to attend a practice, they must notify their team coach with a legitimate reason why they are missing at least 24 hours in advance.
2. **GAME ATTENDANCE**: If a player is unable to attend a game due to a reason, they must notify their team coach at least 24-48 hours in advance. All league and tournament schedules are emailed out to the club at the beginning of the season to avoid conflicts and missed games.
3. **SKILLS SESSIONS**: These are optional, however it is recommended that players should plan to attend at least one skill development session 2 times per month.

Legitimate reasons for missing a practice or a game include family illness, injury, school events, religious commitments and family vacations. Family vacations must be communicated to the team coach UPON ROSTER ACCEPTANCE. A season calendar is given to the family at the beginning of the season to plan for family vacations.

*Please note: We expect that all Under Armour players will attend all GUAA Series events. Exceptions must be communicated prior to roster spot acceptance.

PLAYERS CANNOT PARTICIPATE ON MULTIPLE CLUB BASKETBALL TEAMS WHILE ON A CBC ROSTER UNLESS APPROVED BY A CLUB DIRECTOR. PLAYERS WHO BREAK THIS RULE WILL BE DISMISSED FROM THE CLUB.